



MOMMYVILLE BIG BABY STEPS

Your baby is constantly growing and changing. Sometimes it's hard to keep track of it all! Here's a rough idea of what you can expect from one month of age to one year.



1 month old

- Lifts head
- Responds to sound
- Makes eye contact and stares at faces
- Responds to parents' voice

2 months old

- Makes gurgling and cooing sounds
- Follows moving objects by eyes
- Holds head up for short periods of time
- Briefly grasps objects when placed in hands

3 months old

- Laughs
- Keeps head steady
- Recognizes mom's smell and face
- Brings hands to mouth
- Plays by blowing bubbles

4 months old

- Can bear weight on legs
- Makes cooing sounds in response to your talk
- Brings hands together
- Begins to roll over from tummy to back

5 months old

- Understands differences in bold colours
- Rolls over without difficulty
- Plays with own hands and feet
- Curious about objects placed in hands
- May start teething

6 months old

- Turns to look at the source of sounds and voices
- Imitates sounds and begins to make 'word-like' sounds
- Rolls in both directions
- Sits in high chair

7 months old

- Responds to name
- Sits without support
- Reaches for things
- Babbles
- Can express joy or unhappiness

8 months old

- Uses same name for both parents
- Crawls
- Can stand with support
- Becomes a fussy eater – will turn away when not interested in eating



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9 months old

- Combines syllables to form word-like sounds
- Stands with support or while holding something
- Interested in self feeding
- Can drink from a sippy cup
- Could display separation and stranger anxiety

10 months old

- Waves to say goodbye
- Picks things up using thumb and finger
- Masters crawling
- Will try to pull himself/herself up to standing position
- Explores and cruises

11 months old

- Calls parents by correct names
- Plays infant games with small rhymes
- Can clap hands together
- Stands alone without support for a couple of seconds

12 months old or One year old

- Imitates what others are doing
- Jabbers and make sounds that are like words
- Expresses himself/herself using gestures
- Will say at least one word other than mama/dada