



MOMMYVILLE BABY PROOFING CHECKLIST

Use our checklist to make your home a secure and safe place for your child.



NURSERY:

- Mobiles placed out of reach as soon as baby shows signs of being able to sit up.
- Crib placed away from windows and nothing nearby (such as pictures on the wall, tall plants, etc.) that could be a danger.
- Toys kept in a child-safe toy box. The lid should have hinges with safety stops or be removable.
- Health Canada approved crib and playpen.
- Night lights.

KITCHEN:

- Childproof locks for cabinets.
- Anything dangerous – such as cleaning products, knives, etc. – should be kept in higher cabinets with locks.
- Appliance cords (coffee maker, toaster, etc.) are wrapped short and out of reach.
- Avoid tablecloths on tables as baby could pull on them.
- Baby bumper pads for sharp corners.
- Childproof lock for the oven door.
- Covers on the stove knobs to prevent baby from turning a burner on.
- Turn pot handles to the back when cooking and use the back burners as much as possible.
- Lock for the dishwasher, refrigerator and freezer.
- Remove fridge magnets and place them safely out of reach as they can be a choking hazard.
- Plastic bags should be safely out of reach as they can be a suffocation hazard.

LIVING ROOM:

- Bookcases should be anchored to the wall with brackets.
- Audio/Video equipment should be positioned so they can not be pulled down.
- Bureaus and entertainment centres should be stable.
- Baby bumper pads for sharp furniture edges.
- Screened barrier for the fireplace.

BATHROOM:

- Set your water heater on 49° Celsius or install an anti-scald device on faucets. (A child can be scalded in 5 seconds in water at 60° Celsius.)
- Childproof lock on the toilet lid.
- Use a safety mat in the tub and a rubber-backed mat on the bathroom floor.
- Toiletries, medications, razors, nail clippers, etc. should be in a high cabinet that is locked.
- Appliance cords – from a hairdryer, curling iron, etc. – should not hang down to the floor and should be unplugged when not in use.

THROUGHOUT YOUR HOME:

- All electrical cords should be secured and out of reach.
- Blind and drapery cords should be shortened or tied up securely out of baby's reach.
- Cover all electrical outlets with safety plates.
- Radiators should have screen barriers.
- Install removable window guards on all windows, or latches that prevent windows from opening wide enough to be a danger.
- Floors should be free of tripping hazards like small rugs.
- Heavy or breakable items should be put away.
- Coins or anything that baby could put in his mouth should be safely out of reach. This is anything that is smaller than the width of a cardboard toilet roll.
- Locks and decals for sliding glass doors.
- No furniture should be placed near windows.
- Baby safety gates should be used at the top and bottom of stairs.
- Railing guards should be used on staircase balusters, if necessary, to prevent baby from getting his head stuck between them.
- Plants should all be out of reach (to prevent baby from toppling them or eating their leaves).
- Garbage cans should all have childproof locks.
- Use doorstops to prevent fingers from getting pinched. If the doorstops have plastic end caps on them, remove these, as they are a choking hazard.

TRAVEL:

- Properly installed car seat.
- Non-slip car seat protector.
- Stick-on window shades.
- Bug & UV covers for stroller.
- Safety harnesses.